

# Wedmore First School Academy

## Menu 1 for Weeks Commencing 4 September, 25 September & 16 October

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Meatballs in Homemade Tomato Sauce <i>or</i> Veggie Balls in Homemade Tomato Sauce	Butcher's Roast Beef, Yorkshire Pudding & Gravy <i>or</i> Veggie Sausage with Yorkshire Pudding & Gravy	Ham & Cheese Pizza <i>or</i> Margarita Pizza	Local Roast Gammon & Gravy served with Dry Roasted Potatoes <i>or</i> Sweet and Sour Vegetables with Brown & White Rice	Jumbo Battered Cod Fishfinger <i>or</i> Veggie Nuggets
both served with Fusilli Pasta, Peas & Salad <i>or</i> Jacket Potato with Cheese & Beans served with salad ~~~~~ Fruity Flapjack	both served with Dry Roasted Potatoes, Cabbage & Carrots <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Apple Sponge with Cream	both served with Smiley Faces, Beans & Mixed Salad <i>or</i> Jacket Potato with Ham & Cheese served with salad ~~~~~ Peach Oaty Crumble with Custard	both served with Cauliflower & Carrots <i>or</i> Jacket Potato with Ham & Beans served with salad ~~~~~ Butterscotch Mousse with Fresh Bananas	both served with Chips, Sweetcorn & Mixed Salad <i>or</i> Jacket Potato with Cheese & Beans served with salad ~~~~~ Maryland Cookie with Milk

Fresh fruit or yoghurt is also available daily

## Menu 2 for Weeks Commencing 11 September & 2 October

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Cottage Pie & Gravy <i>or</i> Homemade Quorn Cottage Pie & Gravy	Locally Sourced Roast Pork, Apple Sauce & Gravy <i>or</i> Roast Quorn Fillet, Stuffing & Gravy	Macaroni Cheese <i>or</i> White Bean & Sweet Potato Chilli with Brown & White Rice	Butchers Roast Chicken Breast, Stuffing & Gravy served with Dry Roasted Potatoes, Green Beans & Carrots <i>or</i> Vegetable Curry with Brown & White Rice	Oven Baked Cod Fillet Fish Fingers <i>or</i> Veggie Sausage
both served with Peas & Sweetcorn <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Gingerbread Man	both served with Dry Roasted Potatoes, Cabbage & Carrots <i>or</i> Jacket Potato with Ham & Cheese served with salad ~~~~~ Fresh Fruit Salad with Yoghurt	both served with Crusty Bread, Broccoli & Mixed Salad <i>or</i> Jacket Potato with Ham & Beans served with salad ~~~~~ Bananas & Custard	Jacket Potato with Cheese & Beans served with salad ~~~~~ Fruit Loaf	both served with Chips, Peas & Mixed Salad <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Chocolate Fudge Cake with Milk

Fresh fruit or yoghurt is also available daily

## Menu 3 for Weeks Commencing 18 September & 9 October

Monday	Tuesday	Wednesday	Thursday	Friday
Jon Thorne's Pork Sausages & Onion Gravy <i>or</i> Vegetarian Sausages & Onion Gravy	Jon Thorne's Roast Turkey, Stuffing & Gravy <i>or</i> Stuffed Peppers	Homemade Beef Bolognese with Fusilli Pasta & Grated Cheese <i>or</i> Quorn Bolognese with Brown and White Rice	Locally Sourced Roast Pork, Apple Sauce & Gravy served with Dry Roasted Potatoes, Broccoli & Carrots <i>or</i> Mediterranean Casserole with Lentils	Jumbo Battered Cod Fishfinger <i>or</i> Veggie Burger in a Bun
both served with Creamy Mash Potato, Peas or Baked Beans <i>or</i> Jacket Potato with Ham & Cheese served with salad ~~~~~ Carrot Cake	both served with Dry Roasted Potatoes, Carrots & Cauliflower <i>or</i> Jacket Potato with Ham & Beans served with salad ~~~~~ Creamy Rice Pudding with Fruit Cocktail	both served with Sweetcorn, Mixed Salad & Crusty Bread <i>or</i> Jacket Potato with Cheese & Beans served with salad ~~~~~ Jam Tart	Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Orange Jelly with Mandarins	both served with Chips, Beans & Mixed Salad <i>or</i> Jacket Potato with Ham & Cheese served with salad ~~~~~ Ice Cream Roll

Fresh fruit or yoghurt is also available daily

**School Packed Lunches are available daily with a choice of ham, tuna, cheese, egg or salmon sandwich fillings. These are served with carrot and cucumber sticks and the pudding of the day.**