

# Wedmore First School Academy

## Menu 1 for Weeks Commencing 8 January & 29 January

Monday	Tuesday	Wednesday	Thursday	Friday
Pork Sausage with Homemade Tomato Sauce <i>or</i> Veggie Sausage with Homemade Tomato Sauce	Jon Thorne's Roast Leg of Pork, Apple Sauce & Gravy <i>or</i> Freshly Prepared Wholemeal Cheddar & Red Onion Tart	Homemade Chilli Con Carne <i>or</i> Homemade Vegetable & Bean Chilli	Jon Thorne's Butcher's Roast Beef, Yorkshire Pudding & Gravy <i>or</i> Freshly Made Wholemeal Creamy Vegetable Crumble	Jumbo Battered Cod Fishfinger <i>or</i> Freshly Prepared Cheese & Bean Puff
both served with Fusilli Pasta, Sweetcorn & Salad <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Oaty Cookie	both served with Dry Roasted Potatoes, Cabbage & Carrots <i>or</i> Jacket Potato with Cheese & Ham served with salad ~~~~~ Rice Pudding with Pears	both served with Brown & White Rice, Peas and Salad <i>or</i> Jacket Potato with Cheese & Beans served with salad ~~~~~ Apple & Cinnamon Crumble with Custard	both served with Dry Roasted Potatoes, Cauliflower & Carrots <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Fruity Flapjack	both served with Chips, Beans & Mixed Salad <i>or</i> Jacket Potato with Cheese & Beans served with salad ~~~~~ Iced Sponge with Milk

Fresh fruit or yoghurt is also available daily

## Menu 2 for Weeks Commencing 15 January & 5 February

Monday	Tuesday	Wednesday	Thursday	Friday
Jon Thorne's Beef Burgers & Gravy <i>or</i> Jon Thorne's Veggie Burger & Gravy	Pork Sausage, Yorkshire Pudding & Gravy <i>or</i> Veggie Sausage, Yorkshire Pudding & Gravy	Homemade Mild Chicken Curry with Brown and White Rice <i>or</i> Homemade Tomato Pasta Bake	Jon Thorne's Roast Turkey, Stuffing & Gravy <i>or</i> Homemade Mediterranean Casserole with Lentils	Oven Baked Cod Fillet Fish Fingers <i>or</i> Veggie Nuggets
both served with Creamy Mash Potato, Peas & Sweetcorn <i>or</i> Jacket Potato with Cheese & Ham served with salad ~~~~~ Banana Bread	both served with Dry Roasted Potatoes, Broccoli & Carrots <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Fresh Fruit Salad with Yoghurt	both served with Green Beans, Crusty Bread & Salad <i>or</i> Jacket Potato with Cheese & Beans served with salad ~~~~~ Lemon Sponge & Custard	both served with Dry Roasted Potatoes, Cabbage & Carrots <i>or</i> Jacket Potato with Ham & Beans served with salad ~~~~~ Apple Bites	both served with Chips, Sweetcorn & Mixed Salad <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Chocolate Cookie with Milk

Fresh fruit or yoghurt is also available daily

## Menu 3 for Week Commencing 22 January

Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Beef Bolognese <i>or</i> Homemade Quorn Bolognese	Jon Thorne's Roast Leg of Pork, Apple Sauce & Gravy <i>or</i> Freshly Prepared Cauliflower & Broccoli Bake	Homemade Sausage Rolls <i>or</i> Homemade Veggie Sausage Rolls	Jon Thorne's Butcher's Roast Chicken Breast with stuffing & Gravy <i>or</i> Roast Quorn Fillet, Stuffing & Gravy	Jumbo Battered Cod Fishfinger <i>or</i> Freshly Prepared Cheese & Tomato French Bread Pizza Slice
both served with Fusilli Pasta, Grated Cheese, Sweetcorn, Mixed Salad & Crusty Bread <i>or</i> Jacket Potato with Cheese & Ham served with salad ~~~~~ Steamed Apple Sponge & Custard	both served with Dry Roasted Potatoes, Carrots & Green Beans <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Strawberry Jelly & Fruit Cocktail	both served with Smiley Faces, Beans & Mixed Salad <i>or</i> Jacket Potato with Cheese & Beans served with salad ~~~~~ Shortbread Biscuits with Squash	both served with Dry Roasted Potatoes, Carrots & Broccoli <i>or</i> Jacket Potato with Cheese & Ham served with salad ~~~~~ Chocolate Mousse with Bananas	both served with Chips, Beans & Mixed Salad <i>or</i> Jacket Potato with Tuna & Sweetcorn served with salad ~~~~~ Krispie Cake

Fresh fruit or yoghurt is also available daily

**School Packed Lunches are available daily with a choice of ham, tuna, cheese, egg or salmon sandwich fillings. These are served with carrot and cucumber sticks and the pudding of the day.**