



## Wedmore First School Academy

### Statement of Intent for PE

#### Our School Vision

##### It's Fun to Learn

**At Wedmore First School Academy we are committed to working together.**

**Valuing each child as a whole and developing our children's curiosity and enthusiasm for learning through an exciting and innovative curriculum.**

**We strive to encourage every pupil to develop their confidence and potential.**

**Our wish is to provide children with a firm foundation in preparation for life's challenges and to take away happy memories of their early years with us.**

#### Intent

##### *Why do we teach this?*

At Wedmore First School Academy we recognise the importance of Physical Education to a child's physical, cognitive, social and emotional development as well as the role it can play in a child's spiritual, moral and cultural development. Physical Education develops the children's knowledge, skills and understanding, so that they can perform with increasing competence and confidence in a range of physical activities. Physical Education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promotes attitudes towards a healthy lifestyle. Thus enabling them to make informed choices about physical activity throughout their lives.

We aim to provide a broad and balanced P.E. curriculum to aid children's increasing self-confidence to manage themselves and their bodies within a variety of movement situations. A balance of individual, team, cooperative and competitive activities aim to cater for individual pupil's needs and abilities. In addition to the importance placed on P.E. lessons, we also promote our wider curriculum offer which includes the opportunities for pupils to take part in extra-curricular sports, activity clubs and competitions. Daily physical activity and health enhancing activities also play a crucial role in our offer to pupils. This includes: active lessons, active break and lunchtimes and extra-curricular activities.

#### Implementation

##### *What do we teach? What does this look like?*

It is important that children develop the skills of physical education by fully immersing them in all areas of the subject through:

**Well Planned Lessons:** ensure we provide a broad and balanced curriculum which includes comprehensive coverage of the National Curriculum for Physical Education in EYFS, KS1 and KS2.

**External Stimuli:** Use of external coaches to deliver high quality specialist provision.

**Extra-curricular:** Offering a range of clubs both after school. These range from traditional sports such as football, netball cricket, TAG rugby and multi-skills. We also have links to local sports clubs and associations and signpost children accordingly.

**Local Links** are developed through attending matches and festivals at HSMS along with other children from a variety of schools.

**Health and Well Being/Daily Active Learning:** We aim to make some lessons active and the children have 'brain breaks' throughout the school day through the initiatives such as mindfulness (yoga), Super Movers and Dance Mat activities. We also provide the children with opportunities to be physically active at break and lunchtimes. We encourage the use of our trim trails, and our daily mile challenge. Where possible we

encourage use of our large sports field to allow the children to take part in physical activity and games.

## **Impact**

*What will this look like?*

They will leave Wedmore First School Academy as skillful and performers. They will acquire and develop skills and perform with increasing physical awareness. They will have the ability to select and apply skills, tactics and compositional ideas to suit activities that need different approaches and ways of thinking. They will set targets for themselves and compete against others. They will understand what it takes to persevere, succeed and acknowledge others' success. They will take the initiative, lead activities and focus on improving performances. They will have the competence to excel in a broad range of physical activities. They will lead healthy and active lives and make positive life choices. They have developed positive attitudes to participation in physical activity and embed values such as fairness and respect.

At the end of each year children will have gained a progressive and deepening understanding of core PE skills.

**Pupil Voice:** Through discussion and feedback, children talk enthusiastically about their P.E. lessons and can confidently talk about why Physical Education is important. They enjoy their active lessons and break and lunchtimes and understand how this contributes to a healthy outlook. Feedback will be taken from a survey.

**Evidence of Knowledge:** Presentation board and assembly time. Children have awareness of rules and tactics. Children can warm up and cool down, before and after physical activity. Children understand that physical health and mental wellbeing are linked.

**Evidence of Skills:** Children can link skills, techniques and ideas and apply them accurately and appropriately. Pupils show good control in their movements. Feedback from Middle school during sports leaders' meetings.

**Breadth and Depth:** High levels of participation in after school clubs and activities. Further involvement of children in sports activities after leaving school. Wide variety of sports undertaken by children in school.