

FOOD FESTIVAL

by Aspens

WEEK 2
Spring/Summer 2026
14/09/26, 05/10/26, 26/10/26,
16/11/26, 07/12/26, 28/12/26

LUNCHTIME

Allergy Free Traditional Menu Spring/Summer 2026

ALLERGY FREE
PRIMARY
TRADITIONAL



Loaded Cajun Beef &
Corn Potato Wedges
and Vegetable Sticks

Mexican Chicken
with Paprika Rice
and Mixed Salad

Roast Gammon,
Skin on Roasties, Gravy
with Carrots
and Cabbage

Beef Spaghetti
Bolognese
with
Mixed Salad

Southern Fried
Chicken Fillet with
Chips, Peas
and Baked Beans



Green Veg & Butter
Bean Stew
with Wedges
and Vegetable Sticks

Mexican Veggie Stew
with Paprika Rice
and Mixed Salad

Tomato & Bean
Layer Bake, Skin on
Roasties, Gravy, Carrots
and Cabbage

Veggie Spaghetti
Bolognese
with
Mixed Salad

Veggie Bean Patty
with Chips, Peas
and Baked Beans



Crispy Skin Jacket Potato
with a choice of Mild Chicken Korma or Veggie Bolognese or Baked Beans



Lemon Cookie

Orange Jelly

Apple Muffins

Peach
Crumble

Brownie



TOPPED SPAGHETTI
WITH HOMEMADE
TOMATO SAUCE